

2026 Spirit Of The Flame

Session Summary

Feb 27 - Mar 1, 2026

Friday, February 27, 2026		Session: 01A	Open Warmup 8:00 AM	March In 8:20 AM
X Silver		# Gymnasts 58	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Airborne	XS	16		
Kinetics	XS	13		
Liberty	XS	12		
NorCal Elite	XS	6		
Ultimate Sports	XS	11		

Friday, February 27, 2026		Session: 02A	Open Warmup 11:30 AM	March In 11:50 AM
Gold		# Gymnasts 42	Timed Warmup	Awards
Gym	Level	# Gymnasts		
American Sports	XG	9		
Black Diamond	XG	6		
Kinetics	XG	8		
Liberty	XG	5		
NorCal Elite	XG	3		
Ultimate Sports	XG	11		

Friday, February 27, 2026		Session: 03A	Open Warmup 3:00 PM	March In 3:20 PM
Level 6		# Gymnasts 65	Timed Warmup	Awards
Gym	Level	# Gymnasts		
AcroCats	6	4		
American SF	6	3		
Black Diamond	6	3		
Cal Sports South	6	2		
Cal-Star	6	1		
Dream Xtreme	6	7		
Excel	6	6		
GymWorld	6	2		
Marin Elite	6	5		
Monterey	6	8		
NorCal Elite	6	3		
Novato	6	1		
RCG	6	1		
Rodina	6	4		
Technique	6	6		
Ultimate Sports	6	9		

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Friday, February 27, 2026	Session: 04A	Open Warmup 6:30 PM	March In 6:50 PM
Level 7	# Gymnasts 54	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Athletic Horizons	7	1
Black Diamond	7	3
Cal Sports South	7	2
Cal-Star	7	4
Dream Xtreme	7	3
Excel	7	9
Marin Elite	7	2
Monterey	7	7
NorCal Elite	7	4
Novato	7	3
RCG	7	1
Rodina	7	3
Technique	7	4
Ultimate Sports	7	2
West Valley	7	6

Saturday, February 28, 2026	Session: 05A	Open Warmup 8:00 AM	March In 8:20 AM
X Silver	# Gymnasts 53	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Apex	XS	19
Edge	XS	16
Marin Elite	XS	13
RCG	XS	5

Saturday, February 28, 2026	Session: 05B	Open Warmup 8:00 AM	March In 8:20 AM
X Bronze	# Gymnasts 50	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Flips USA	XB	14
Kinetics	XB	12
Rodina	XB	19
Ultimate Sports	XB	5

Saturday, February 28, 2026	Session: 06A	Open Warmup 11:30 AM	March In 11:50 AM
X Platinum	# Gymnasts 52	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Airborne	XP	17
Edge	XP	1
Flips USA	XP	6
Flyers	XP	14
Liberty	XP	4
NorCal Elite	XP	3
Ultimate Sports	XP	7

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Saturday, February 28, 2026	Session: 06B	Open Warmup 11:30 AM	March In 11:50 AM
X Gold	# Gymnasts 42	Timed Warmup	Awards
Gym	Level	# Gymnasts	

American SF	XG	15
Luna	XG	6
Rodina	XG	21

Saturday, February 28, 2026	Session: 07A	Open Warmup 3:00 PM	March In 3:20 PM
X Diamond/ Sapphire	# Gymnasts 32	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Airborne	XD	4
Airborne	XSA	1
American SF	XD	9
American SF	XSA	3
Berkeley	XD	5
Berkeley	XSA	1
Flyers	XD	3
Peninsula SM	XD	6

Saturday, February 28, 2026	Session: 07B	Open Warmup 3:00 PM	March In 3:20 PM
X Gold	# Gymnasts 46	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Berkeley	XG	18
Edge	XG	8
Flips USA	XG	10
Marin Elite	XG	10

Saturday, February 28, 2026	Session: 08A	Open Warmup 6:30 PM	March In 6:50 PM
Level 8/9/10	# Gymnasts 28	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Black Diamond	8	2
Cal Sports South	8	3
Cal Sports South	9	3
Excel	8	4
Monterey	8	1
NorCal Elite	10	2
NorCal Elite	8	7
Peninsula SM	8	1
Technique	8	4
Ultimate Sports	9	1

Saturday, February 28, 2026	Session: 08B	Open Warmup 6:30 PM	March In 6:50 PM
X Gold	# Gymnasts 39	Timed Warmup	Awards
Gym	Level	# Gymnasts	

Airborne	XG	16
Peninsula SM	XG	16
RCCG	XG	7

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Sunday, March 1, 2026		Session: 09A	Open Warmup 8:00 AM	March In 8:20 AM
Level 3		# Gymnasts 55	Timed Warmup	Awards
Gym	Level	# Gymnasts		
AcroCats	3	7		
Black Diamond	3	3		
Cal-Star	3	6		
GymWorld	3	4		
IFlip	3	4		
Monterey	3	13		
NorCal Elite	3	12		
Ultimate Sports	3	6		

Sunday, March 1, 2026		Session: 09B	Open Warmup 8:00 AM	March In 8:20 AM
X Bronze		# Gymnasts 53	Timed Warmup	Awards
Gym	Level	# Gymnasts		
American SF	XB	19		
Peninsula SM	XB	11		
TRICKS - GB	XB	13		
Tumbleweeds	XB	10		

Sunday, March 1, 2026		Session: 10A	Open Warmup 11:30 AM	March In 11:50 AM
X Silver		# Gymnasts 56	Timed Warmup	Awards
Gym	Level	# Gymnasts		
American Sports	XS	3		
Flips USA	XS	16		
Luna	XS	19		
Rodina	XS	4		
TRICKS - GB	XS	8		
Tumbleweeds	XS	6		

Sunday, March 1, 2026		Session: 10B	Open Warmup 11:30 AM	March In 11:50 AM
Level 2		# Gymnasts 31	Timed Warmup	Awards
Gym	Level	# Gymnasts		
AcroCats	2	8		
Cal-Star	2	3		
GymWorld	2	8		
LGC	2	4		
Ultimate Sports	2	8		

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Sunday, March 1, 2026 X Platinum	Session: 11A # Gymnasts 53	Open Warmup 3:00 PM Timed Warmup	March In 3:20 PM Awards
Gym	Level	# Gymnasts	

American SF	XP	11
American Sports	XP	2
Berkeley	XP	13
Black Diamond	XP	2
Luna	XP	2
Marin Elite	XP	5
Peninsula SM	XP	7
Rodina	XP	3
Technique	XP	8

Sunday, March 1, 2026 Level 4/5	Session: 11B # Gymnasts 54	Open Warmup 3:00 PM Timed Warmup	March In 3:20 PM Awards
Gym	Level	# Gymnasts	

AcroCats	4	7
Cal-Star	4	9
GymWorld	4	1
GymWorld	5	1
Monterey	4	7
Monterey	5	4
Ultimate Sports	4	17
Ultimate Sports	5	8

Sunday, March 1, 2026 X Silver	Session: 12A # Gymnasts 51	Open Warmup 6:30 PM Timed Warmup	March In 6:50 PM Awards
Gym	Level	# Gymnasts	

American SF	XS	24
Berkeley	XS	14
Peninsula SM	XS	13

Sunday, March 1, 2026 X Bronze	Session: 12B # Gymnasts 49	Open Warmup 6:30 PM Timed Warmup	March In 6:50 PM Awards
Gym	Level	# Gymnasts	

Airborne	XB	17
Apex	XB	22
Liberty	XB	10