

# Spirit Of The Flame NGA 2024

## Session Summary

Mar 7-11, 2024

<b>Friday, March 8, 2024</b>		<b>Session: 1</b>	<b>Open Warmup 8:00 AM</b>	<b>March In</b>
<b>Lvl 2/3 &amp; GN</b>		<b># Gymnasts 77</b>	<b>Timed Warmup</b>	<b>Awards</b>
<b>Gym</b>	<b>Level</b>	<b># Gymnasts</b>		
Bag	GN	15		
CCG- SLO	2BN	15		
CCG- SLO	GN	5		
GymBeat NGA	2BN	13		
GymBeat NGA	GN	4		
San Francisco	2BN	8		
San Francisco	GN	8		
USC01	2BN	2		
USC01	3N	7		

<b>Friday, March 8, 2024</b>		<b>Session: 2</b>	<b>Open Warmup 11:30 AM</b>	<b>March In</b>
<b>Lv 4 &amp; Silvers</b>		<b># Gymnasts 49</b>	<b>Timed Warmup</b>	<b>Awards</b>
<b>Gym</b>	<b>Level</b>	<b># Gymnasts</b>		
Bag	4N	7		
Bag	SN	16		
GymBeat NGA	SN	2		
PERFORMANCE ATHLETIC	SN	5		
San Francisco	SN	4		
USC01	4N	8		
USC01	SN	7		

<b>Friday, March 8, 2024</b>		<b>Session: 3</b>	<b>Open Warmup 2:00 PM</b>	<b>March In</b>
<b>P &amp; D</b>		<b># Gymnasts 64</b>	<b>Timed Warmup</b>	<b>Awards</b>
<b>Gym</b>	<b>Level</b>	<b># Gymnasts</b>		
Bag	DN	7		
Bag	PN	8		
Cal Sports - Race St	PN	4		
CCG- SLO	PN	3		
CSC - Great Oaks	DN	5		
CSC - Great Oaks	PN	10		
CSC Morgan Hill NGA	DN	10		
CSC Morgan Hill NGA	PN	6		
CSC Cambriana NGA	DN	4		
CSC Cambriana NGA	PN	3		
PERFORMANCE ATHLETIC	PN	2		
San Francisco	PN	2		