

2023 Spirit Of The Flame

Session Summary

Mar 3-5, 2023

Saturday, March 4, 2023		Session: 05	Open Warmup 8:00 AM	March In
Lvl 4, XB		# Gymnasts 67	Timed Warmup	Awards
Gym	Level	# Gymnasts		
All Star	XB	15		
Gymnastics Nevada	4	2		
Impact	XB	4		
Imperial Performance	XB	10		
Luna	XB	10		
Monterey Bay	5	3		
Monterey Bay	7	1		
Peninsula SM	XB	18		
Titans	XB	4		

Saturday, March 4, 2023		Session: 06	Open Warmup 11:00 AM	March In
Lvl 6 & XP		# Gymnasts 63	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Bay Island	6	9		
Bay Island	XP	6		
Gymnastics Nevada	6	7		
GymStars Modesto	6	2		
Monterey Bay	6	6		
Nor Cal Elite	XP	3		
Peninsula SM	XP	9		
San Mateo	6	6		
Titans	XP	11		
Ultimate Sports	6	2		
West Valley	XP	2		

Saturday, March 4, 2023		Session: 07	Open Warmup 3:00 PM	March In
Lvl 7 & Diamonds		# Gymnasts 53	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Airborne	XD	5		
Bay Island	7	6		
CO Aerials	7	10		
Galaxy	7	4		
Gymnastics Nevada	7	1		
GymStars Modesto	7	3		
Luna	XD	3		
Monterey Bay	7	4		
Nor Cal Elite	XD	1		
Peninsula SM	XD	5		
San Mateo	7	8		
Ultimate Sports	7	2		
West Valley	XD	1		

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Mar 3-5, 2023

Saturday, March 4, 2023		Session: 08	Open Warmup 6:30 PM	March In
Lvl 8 & XP		# Gymnasts 56	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Airborne	XP	9		
All Star	XP	4		
Bay Island	8	2		
CO Aerials	8	6		
Empire	8	2		
Empire	XP	14		
Galaxy	8	3		
Gymnastics Nevada	8	3		
Gymnastics Nevada	XP	2		
Nor Cal Elite	8	1		
Nor Cal Elite	XD	1		
Nor Cal Elite	XP	1		
San Mateo	8	7		
Ultimate Sports	8	1		

Sunday, March 5, 2023		Session: 09	Open Warmup 8:00 AM	March In
Lvl XS		# Gymnasts 64	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Airborne	XS	14		
All Star	XS	18		
Empire	XS	10		
Peninsula SM	XS	4		
Titans	XS	18		

Sunday, March 5, 2023		Session: 10	Open Warmup 11:00 AM	March In
Lvl 9/10		# Gymnasts 53	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Bay Island	9	1		
CO Aerials	10	7		
CO Aerials	9	8		
Empire	10	2		
Empire	9	3		
Galaxy	10	1		
Galaxy	9	3		
Gymnastics Nevada	10	1		
Gymnastics Nevada	9	2		
Nor Cal Elite	9	2		
San Mateo	10	15		
San Mateo	9	6		
Twisters	10	2		

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Mar 3-5, 2023

Sunday, March 5, 2023		Session: 11	Open Warmup 3:00 PM	March In
Lvl XS/XG		# Gymnasts 60	Timed Warmup	Awards
Gym	Level	# Gymnasts		
All Star	XG	7		
Impact	XS	12		
Imperial Performance	XS	5		
Luna	XS	6		
Nor Cal Elite	XG	8		
Nor Cal Elite	XS	5		
Peninsula SM	XG	6		
West Valley	XS	11		

Sunday, March 5, 2023		Session: 12	Open Warmup 6:00 PM	March In
Lvl XG		# Gymnasts 64	Timed Warmup	Awards
Gym	Level	# Gymnasts		
Airborne	XG	16		
Empire	XG	12		
Luna	XG	10		
Titans	XG	14		
West Valley	XG	12		